

March Break 3 on 3 Hockey Tournament Rules and Regulations:

Game Play Rules:

1. All 3 on 3 games are non-contact
2. All 3 on 3 games are 20 minutes in length
3. All 3 on 3 games are running time: Note Time only stops if an injured player is on the ice for one minute or longer
4. Icing and offside will result in a change in puck possession
5. Penalties will result in a penalty shot at the end of the game.
6. Line Changes: the player on the bench cannot leave the bench until the player switching on the ice reaches the bench (one for one basis). If players leave the bench early, the referee will award possession of the puck to the opposing team. Teams will receive on warning before being penalized
7. Change of possession
 - Out of play: when a puck goes out of play the team not responsible for the stoppage in play will be awarded the puck. A minimum of ten feet of clearance shall be given to resume play. No face off will occur
 - Goal scored: when a goal is scored, the scoring team is required to retreat to the blue line.
 - Goalie freezes Puck: the goalie has ten seconds to move the puck. If the goalie holds onto the puck for more than ten seconds, a delay of game penalty may be assessed. The attacking team is required to clear to the blue line and play it like a delayed offside. If the attacking team intentionally touches the puck prior to the other team advancing forward, a penalty shot will be awarded.
8. Teams may pull their goalie for an extra attacker only in the last 2 minutes of the game
9. There will be no overtime.
10. If there is a difference in score by 4 points the team that has the lower score is allowed to put out one additional player until the score is back within the 4 point difference.

Roster and eligibility rules

1. All coaches are required to make every effort to ensure equal ice time for all 3 on 3 participants.
2. Every 3 on 3 team must have filled out a registration form prior to the first game.

Penalties

1. All minor penalties will result in a penalty shot at the end of the game.
2. A major penalty will result in the offending player(s) ejection from the game. A penalty shot will then be awarded.

3. During the game, the referee's decision is final. A zero-tolerance approach will be used by the referee towards aggressive and/or abusive coaches, players, and spectators.

Other

1. The floods pursuant to timing issues.
2. Equipment- full equipment must be always worn. NO exceptions.
3. Tournament Format and Tie Breaking Rules shall be in place per Age Group/Division and may be different per division.

Tournament Format:

U9 Non-Competitive and Competitive - March 10, 2025

U11 Non-Competitive and Competitive - March 11, 2025

U13 Non-Competitive and Competitive -March 13, 2025

U15 Non-Competitive and Competitive -March 14, 2025

Tie Breaking Rules:

- Head-to-Head – Winner
- Goal Differential - +/-
- Least number of Penalty Minutes